

• ELVERFELDT COACHING •
for Results

Coach Profile



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Quote: „We cannot solve problems with the same mindset that created them. “
(Albert Einstein)

Profession:

- ❖ **Graduate degree in psychology** (Diplom-Psychologin) with a major in economic psychology and a minor in business administration
- ❖ **Certified Coach** through Siemens AG Learning Campus as well as for Hogan Assessments and 360 Degree Feedback
- ❖ **40+ Additional training** in, e.g., Systemic Coaching, Coaching & Supervision, NLP, Family, Organizational and Structural Constellations, Kinesiology, Transactional Analysis, Group Dynamics, CEO Program: Coaching Excellence in Organizations, Essence Coaching, Mental Training as well as regular supervision.
- ❖ **Author** of the book and audio book „Selbstcoaching für Manager “as well as many articles in the FAZ, Handelsblatt and Wirtschaftswoche

Career:

Coaching experience since 1995

- ❖ **since 2001: founder of Elverfeldt Coaching**
Serving primarily top management of DAX 40 companies, mid-sized companies and startups, coaching in both English and German:
Coaching for executives, teams, and transformation processes, leadership position analysis with Hogan Assessments, Coaching Training, and Leader as a Coach.
- ❖ former **second chairperson of ICF D** (International Coach Federation)
- ❖ **1995-2001: Senior Consultant** for Leadership Development (including Coaching and Training), Organizational Development, Change Management as well as Marketing and Strategy Counseling for KPMG and other organizations.
- ❖ **1992-1995:** Product Manager at Unilever and Wella (**Marketing and Sales**)

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Expertise:

- ❖ **Resilience & Self-Confidence:** In role changes (onboarding + transitions), current challenges and changes, perfectionism, or uncertainty.
This is how you master your challenges with calm, confidence, and success.
- ❖ **Effective Communication/Stakeholder Management:** Adjusting better to different personality types and persuading them, increasing people skills and empathy, conflict management, dealing with narcissists, power, and politics.
This is how you gain support for your goals and vision and enhance your impact.
- ❖ **Enhancing Leadership Competence:** Self-reflection & feedback on your impact, personal and potential analysis, increasing clarity, focus & prioritization, balancing operations & strategy, career planning.
You enhance your charisma and effectiveness as a leader.
- ❖ **Sparring Partner for Current Challenges:** You have the time and space to reflect on your situation with a professional, gain new perspectives, adapting your success factors, and ensuring your future success.
- ❖ **Coaching for teams, in transformation Processes, for highly sensitive and gifted people,** dealing with professional or personal **crises**

References (selected clients):

Bayer, BMW, Bundesbank, Commerzbank, Continental, Daimler, Deloitte, Deutsche Bank, E.ON, Frankfurt School, Helaba, Kandelium, Mazars, Merck, Nestlé, Nitto, PwC, Salesforce, Sanofi, Schaeffler, Schott, Siemens AG Learning Campus, Thyssenkrupp, Vorwerk, ZF

My coaching Philosophy:

- ❖ You become the best version of yourself by authentically **unleashing your personality with all its potential**, even in the face of current challenges.
This is how you maximize your success, your confidence, and your self-assurance.
- ❖ You regain **control of your life**: with clear focus, consistent prioritization, and authentic relationships – even in an uncertain world.

Methodology:

I work collaboratively, quickly adapting to everyone. I tailor my broad repertoire to your needs, with typically 2-3 hours per month. My approach is as follows:

- ❖ **Precise & Fast:** In analyzing your personality, individual starting point, and environment – with empathy, clarity, and deep expertise.
- ❖ **Pragmatic:** My focus is on the practical implementation of the solutions we develop together: Coaching for Results.
- ❖ **Passionate:** My profession is my passion. I offer weekend and evening appointments. Your success is my priority, and I continuously evolve my methods.